

Checking for Bed Bugs in Hotel Rooms in 5 Steps

1. Mattress and Bed Frame

- Bed bugs like to hide in tight spaces
- Along the mattress seams and around zips
- In the joint of the box springs
- Along the slats
- Under the mattress and box springs
- In the crevices in the design of the frame
- Behind the head board

2. Couches, Chairs and Pillows

- Along the seams
- Inside the covers
- Around the zippers
- Between the cushions and frame

3. Furniture, Walls and Floors

- Where furniture meets the wall
- Along seals of doors and drawers
- Joints of the furniture (dressers and desk)
- Along floor and wall crevices

4. Night Stands

- Around ornaments and lamps
- Picture frames
- Along cracks
- In drawer joints
- Backs of stands

5. Luggage

- Check fold out luggage racks where the webbing wraps around the frame
- Avoid placing luggage on or near beds
- Avoid placing luggage on the floor



What to Look for?

- Shed skin
- Blood smears
- Excretion (black marks)
- Live bed bugs
- Bed bug eggs (1mm. pearly white)

If you spot bed bugs or evidence of bed bugs, inform management and ask to be moved to another room – not next door to the affected room.

For more information on bed bugs, please visit www.tulsa-health.org/bed-bugs or call 918.582.WELL.